

If you should decide to have a procedure with us, please consider the following instructions to help make your surgery as comfortable and safe as possible

1. Please don't use any aspirin or medications containing aspirin for two weeks before surgery, because it interferes with normal blood clotting. If needed use Tylenol instead. The following drugs contain aspirin (ASA or Acetylsalicylic Acid).

Advil	Cope	Midol
Aleve	Coridin	Percodan
Alkaseltzer	Darvon Compound	Sine-Aid
Anacin	Dristan	Sine-Off
Ascriptin	Empirin	Stendin
Bufferin	Excedrin	Triaminicin
Cheracol Capsules	Fiorinal	Vanquish
Plavix		

2. High doses of Vitamin-E, Ginko Biloba and some Herbal medicines may increase bleeding as well.

3. You would need to arrange for a responsible person to drive you home after surgery and stay with you for the first 24 hours.

4. You should wear comfortable loose fitting clothing, which does not have to be put over your head (ie. sweat suit with a zip up top is appropriate). No panty hose or tennis shoes, as they are hard to put back on.

5. When you are ready to schedule your surgery, we require either full payment or a minimum \$500.00 deposit. The full fee is required **two weeks** before surgery. Payment maybe made by **Cash, Cashiers Check or Credit Card.**

6. The facility where your surgery will take place is the Laguna Hills Surgery Center, located in Laguna Woods. It is south of our office at 24331 El Toro Road, Suite 150, Laguna Woods, California 92653. The telephone number there is 949-855-0562. They have convenient patient parking for your caregiver as well as a family waiting area.

7. If you have any further questions, please feel free to call us here at (949) 450-2755